



## MEETING PACKAGES

### DAY DELEGATE RATE

Available Monday – Friday for a minimum of 8 delegates  
£50 per person (inclusive of VAT)

#### Includes

- Meeting room hire
- Use of all in house equipment
- WiFi high speed internet access
- Air conditioned room
- Arrival cafetière coffee and Twinings tea
- Mid-morning cafetière coffee and Twinings tea served with Danish pastries
- Two-course lunch served in the restaurant (choices pre-ordered mid morning) or hot and cold buffet lunch
- Afternoon cafetière coffee and Twinings tea served with homemade cookies
- Mineral water
- Fresh fruit bowl
- Complimentary Bottlegreen cordials

### 24 HOUR DELEGATE RATE

Available Sunday – Thursday for a minimum of 8 delegates  
£185 per person (inclusive of VAT)

#### Includes

- Day delegate package plus
- Three-course dinner served in our 2 rosette restaurant
- Overnight accommodation
- Full Suffolk breakfast

The following items are available with an additional supplement

Bacon rolls on arrival	£4.75
Ice cream tubs	£2.95
Desserts at lunchtime	£ as priced on menu

## BUFFET MENU (Included in the delegate package)

selection of finger sandwiches  
mixed leaf salad with house dressing  
plus a selection of four additional hot or cold choices

### HOT

honey and tarragon roasted chicken wings

tiger prawns with sweet chilli and fresh herbs

pork and red onion jam sausage rolls

breaded brie with Cumberland jelly

mini beef burgers with tomato relish

potato wedges with garlic mayonnaise

little vegetable pizzas

goujons of fish with homemade tartare sauce

### COLD

smoked salmon platter with crusty brown bread

honey roast ham and roast Suffolk beef platter

coriander hummus with garlic toasted pitta bread

free-range scotch eggs with salad cream

prawn and crayfish tails with marie rose sauce

handmade vegetable crisps

The Avocet at  
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The Parade  
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